



MLJET - BABINO POLJE, ISLAND OF MLJET

Dry stone wall retreat-original way of retreat! Do you need an escape from hustle and bustle of daily life? Do you wish to reconnect with yourself and nature? Then this de-stressed and rechargeable retreat in a nature is the perfect for you. Program is perfect choice for people who love activities in nature, a bit of adventures with motivation of learning.

Price

Mljet: Drywall Mindful Retreat



Mljet: Drywall Mindful
Retreat
Zadublje 24
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Croatia

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Schedule

EXCURSION / TOUR / ACTIVITY DATES

Travanj-Svibanj; Rujan-Listopad

PLACE AND TIME OF DEPARTURE

Prapatno. Pelješac depends on
the boat

PLACE AND TIME OF ARRIVAL

Prapatno. Pelješac depends on
the boat

Information

BRIEF DESCRIPTION:

Name: Mljet: Drywall Mindful Retreat

Duration of the excursion / tour / activity:: 5 days

The product best describes the term: Nature

Product includes: playing sports, sightseeing, plantation tours, sightseeing of nature / natural beauties, transfer to the port, coast tour, beach / bay visit, no cancellation costs, tasting alcohol, tasting fruits / vegetables, wine tasting, food tasting

Brief description of the excursion/tour and highlights:

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DESCRIPTION:

Morning stay and work in complete silence, which could be felt and heard in the nature of the island of Mljet, looking at the endless horizon, brings us into a state of meditation and relax. Creating a wall by stacking stones is like a puzzle or Tetris game and gives us a sense of satisfaction and progress. It is a pleasure to observe the creation and growth of the wall, our creation that will stay at the same place for centuries, while we are resting and observing it. Existing stone from nature is used in the construction of the wall. These are small pieces of stone and the construction is not physically demanding. We will spend the rest of the day walking in nature and exploring the natural sights of the whole island, enjoying the pleasant sun. Island Mljet has a lot of sunny days. We will learn about wild herbs that, depending on the period of the year, we will pick and make as a part of our meal. Our meals are traditional Croatian and Mediterranean meals

What Makes This Retreat Special?

Unique kind of retreat is combination of working in nature and exploring a nature and vegetation of Island of Mljet, The Greenest Island. We are all learning how to build a dry stone wall. Unlike some stone wall courses, where the wall you construct is dismantled afterwards for the next group, we are rebuilding a real stone wall that will stand in the landscape for the next 200 years - or at least a few, depending on how skilled we turn out to be at building. Dry stone construction requires a different, more complex set of skills than more common forms of building. It is not simply a case of putting one stone on top of another but something in between completing a giant, perfectly balanced jigsaw puzzle, a piece of engineering, and a work of art, done in a zen-like state of concentration and with graceful movement.